

Lifestyle Activities

1-3 May

Time	Location	Activity	Notes
Friday 1 May AFL ROUND 8			
10am-11am	Wisteria	Seated Tai Chi & Guided Meditation	
1.30pm – 3pm	Hub	David Attenborough 'Ocean'	
Saturday 2 May			
10am-11am	Wisteria	Cooking Demonstration	
2pm – 3pm	Hub	Bingo	\$2.50
Sunday 3 May			
10am-11am	Wisteria	Seated Exercises	
2pm – 3pm	Hub	Quiz	

Lifestyle Activities

4-10 May

Time	Location	Activity	Notes
Monday 4 May			
10am - 11.15am	Hub	Tots at Dots	
2pm -3pm	Day Respite dining area	Mother's Day Craft- make your own bead bracelet.	
Tuesday 5 May			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
10am-11am	Hub	Stepping Stone Childcare visit	
2pm-3pm	Day Respite dining	"I've been everywhere?" Looking at places in Australia	
Wednesday 6 May			
10.30am-11am	Hub	Anglican Church	
2pm – 3.15pm	Day Respite Dine	Creative Crafts Afternoon including Finishing off Paper mache.	
Thursday 7 May AFL ROUND 9			
10am-11am	Café area	Walking Group with Garden Talk	
2pm – 3.30pm	Hub	Movie " Monster in Law"	
Friday 8 May			
10am - 11am	Wisteria	Seated Tai Chi & Guided Meditation	
2pm – 3.00pm	Hub	Mothers Day Celebration concert – Rob Hutton	\$5.00
Saturday 9 May			
10am – 11am	Hub	Mothers Day Morning Tea	
10am – 3pm	All Areas	Shopping Trolley	
2pm-3.15pm	Hub	Singalong Kareoke	
Sunday 10 May- Mother's Day			
am – 11.30am	All Rooms	Mother's Day Gift Deliveries	
2pm – 3.15pm	Hub	Bingo	\$2.50

Lifestyle Activities

11-17 May

Time	Location	Activity	Notes
Monday 11 May			
10am - 11.15am	Hub	Tots at Dots	
11am -12pm	Cheater	Lifestyle Visits	
2pm - 3pm	Riddle	What's your favourite Treasure	Come and share with us what treasure/s you had in life
Tuesday 12 May			
9.30am	Wisteria	Hearing Clinic	
9.45am-11.15am	St Clare	Art Group with Meredith	\$5.00
2pm – 3pm	Wisteria	Shuffleboard	
Wednesday 13 May			
10.30am-11am	Hub	Uniting Church Service	
2pm -3pm	Back Gazebo or Day Respite Dining	Ladies Tea and floral arranging	Area Weather dependent.
Thursday 14 May AFL ROUND 10			
10am - 11.10am	Garden/Cafe	Walking group with Garden Talk	
2pm – 3pm	St Clare	Silent Disco	New
Friday 15 May			
10am - 11am	Wisteria	Seated Tai Chi & Guided Meditation	
2pm – 3pm	Hub	Arkavery Animals Experience	\$5.00
Saturday 16 May			
10am – 11am	Wisteria	Cooking Demonstration	
2pm – 3pm	Hub	Bingo	\$2.50
Sunday 17 May			
10am - 11am	Wisteria	Seated Exercises	
2pm – 3pm	Hub	High Tea	\$2.50

Lifestyle Activities

18-24 May

Time	Location	Activity	Notes
Monday 18 May			
10am - 11.15am	Hub	Tots at Dots	
2pm - 3pm	Riddle	Lifestyle Visits	
2pm -3pm	Day respite dining room	Painting KINDNESS rocks	
Tuesday 19 May			
9.45 am – 11.15 am	St Clare	Art Group with Meredith	\$5.00
10am-11am	Wisteria lounge	Rhythm Circle – making music together	
2pm - 3pm	Wisteria	Shuffleboard	
Wednesday 20 May			
10.30am – 11am	Hub	Church of Christ Church Service	
2pm – 3pm	Day Respite	Poetry Group	
2pm – 3pm	St Clare	Lifestyle visits	
Thursday 21 May AFL ROUND 11			
10am – 11am	Garden/Cafe	Walking group with garden talk	
2pm – 3pm	Hub	Graeme Denton concert	\$5.00
Friday 22 May			
10am - 11am	Wisteria	Seated Tai Chi & Guided Meditation	
2pm-3pm	Hub	Bocce	
Saturday 23 May			
10am – 11am	Riddle North	Knit and Natter	
10am – 3pm	All Areas	Shopping Trolley	
2pm-3pm	Hub	Singalong on the Big Screen	
Sunday 24 May			
10am - 11am	Hub	Café Club	
2pm – 3.15pm	Hub	Bingo	\$2.50

Lifestyle Activities

25-31 May

Time	Location	Activity	Notes
Monday 25 May			
10am - 11.15am	Hub	Tots at Dots	
2pm- 3pm	Wisteria	White Board Games	
Tuesday 26 May			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
10am -11.30	Riddle	Lifestyle visits	
1.30pm – 4pm	Front Foyer	Bus trip – McLaren Vale Information Centre/Cafe	Booking essential limited seats - seats confirmed week before Resident cost-drinks
Wednesday 27 May			
10.30am-11am	Hub	Baptist Church Service	
2pm – 3.00pm	Hub	Armchair Travel to Russia	
Thursday 28 May AFL ROUND 12			
10am-11am	Garden/Café	Walking group with garden talk	
2pm -315 pm	Riddle	Men's Group	Bring something to talk about.
Friday 29 May			
10am - 11am	Wisteria	Seated Tai Chi & Guided Meditation	
2pm – 3.15pm	Hub	Special Size Company' clothing	Shopping opportunity
Saturday 30 May			
10am – 11am	Wisteria	Cooking Demonstration	
2pm – 3.15pm	Hub	Bingo	\$2.50
Sunday 31 May			
10am - 11am	Wisteria	Seated Exercises	
2pm – 3.00pm	Hub	May Birthday Celebrations	