

Lifestyle Activities

1-8 March

Time	Location	Activity	Notes
Sunday 1 March			
10am-11am	Hub	Café Club	\$2.00
2pm – 3pm	Hub	Bingo	\$2.50
Monday 2 March			
10am - 11.15am	Hub	Tots at Dots	
11am-12pm	Wisteria lounge	Library book Club	World poetry day
2pm - 3pm	Wisteria	Shuffle Board	
Tuesday 3 March			
9.45am-11.15am	St Clare	Art group with Meredith	
10am – 11am	Riddle	Lifestyle visits / walks	
2pm – 3pm	Back Gazebo	Reminiscence: In the garden	
Wednesday 4 March			
10.30am-11am	Hub	Uniting Church	
2pm - 3pm	Hub	'My Favourite Meal' tell us about your favorite meal	Come share your favorite recipe
Thursday 5 March			
10am-11am	Café area	Walking Group with Garden Talk	
2pm - 3pm	Hub	Frank Concert	\$5.00
Friday 6 March			
10am - 11am	Wisteria Lounge	Seated Tai Chi & Guided Meditation	
2pm – 3pm	Hub	Nature Craft – Bird feeders	
Saturday 7 March			
10am - 11am	Wisteria	Cooking	
2pm - 3pm	Hub	Bingo	\$2.50
Sunday 8 March			
10am - 11am	Wisteria	Seated Exercises	
2pm - 3pm	Hub	AFL Themed High Tea	\$2.50 Wear Footy Colours

Lifestyle Activities

9-15 March

Time	Location	Activity	Notes
Monday 9 March – Adelaide Cup PUBLIC HOLIDAY			
10am- 11am	Wisteria	Rhythm circle - making music together	
2pm - 3pm	Wisteria	Shuffleboard	
Tuesday 10 March			
9.45am-11.15am	St Clare	Art Group with Meredith	\$5.00
9.30am- 2.30pm	Hub	Resident Voting booths available	Pre voting for election
2pm – 3pm	All Areas	Lifestyle visits	
Wednesday 11 March			
10.30am-11am	Hub	Anglican Church Service	
2pm-3pm	Hub	Armchair travel to South Korea	
Thursday 12 March AFL FOOTY BEGINS ROUND 1			
10am - 11.10am	Garden/Cafe	Walking group with Garden Talk	
2pm – 3pm	Hub	Sweet Beats and harmony concert	\$5.00
Friday 13 March			
10.00am - 11am	Wisteria lounge	Seated Tai Chi & Guided Meditation	
10am -11am	Cheater	Lifestyle visits	
1.30pm - 3pm	Hub	Kangaroo Island	
Saturday 14 March			
10am – 11am	Wisteria	Knit and Natter	
10am – 11am	All Areas	Shopping Trolley	
2pm - 3pm	Hub	Singalong with Ollie& Dean	
Sunday 15 March			
10am - 11am	Hub	Café Club	
2pm - 3pm	Hub	Bingo	\$2.50

Lifestyle Activities

16-22 March

Time	Location	Activity	Notes
Monday 16 March			
10am – 11am	Hub	Tots at Dots	
2pm - 3pm	Hub	St Patrick's Day Celebrations	
Tuesday 17 March			
9.45am – 11.15am	St Clare	Art Group with Meredith	\$5.00
9.30am- 3.30pm	Wisteria	Hearing Clinic	
2pm-3pm	Wisteria	Milkshakes in the Garden	
Wednesday 18 March			
10.30am – 11am	Hub	Uniting Church Service	
2pm – 3pm	Riddle	Whiteboard Games	
Thursday 19 March AFL ROUND 2			
10am – 11am	Garden/Cafe	Walking group with garden talk	
9.30am – 4pm	Meeting Room A12	Eye Clinic	Lifestyle staff will collect for booked appointments
2pm - 3pm	Hub	Silent Disco NEW Move to your own beats	Come & try with Vol Sandy B
Friday 20 March			
10am - 11am	Wisteria	Whiteboard Games	
9.30am – 4pm	Meeting Room A12	Eye Clinic	Lifestyle staff will collect for booked appointments
2.00pm - 3pm	Hub	Seated Yoga Dance	
Saturday 21 March			
10am - 11am	Wisteria	Cooking	
2pm - 3pm	Hub	Bingo	\$2.50
Sunday 22 March			
10am-11am	Hub	Diane 'Let's Talk Roses' Morning Tea	
2pm-3pm	Hub	Quiz	

Lifestyle Activities

23-31 March

Time	Location	Activity	Notes
Monday 23 March			
10am - 11.15am	Hub	Tots at Dots	
2pm - 3pm	Day Respite dining area	Easter Craft	
Tuesday 24 March			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
10am-11am	St Clare	1-1 Garden Walks	
2pm – 3pm	Hub	Resident Meeting	
Wednesday 25 March			
10.30am-11am	Hub	Church of Christ Church Service	
2pm – 3pm	Day Respite Dining	Easter Craft	
Thursday 26 March AFL ROUND 3			
10am-11am	Garden/Café	Walking group with garden talk	
1.30pm – 2.30pm	Day Respite Dining	Men's Group	
Friday 27 March			
10am - 11am	Wisteria	Seated Tai Chi & Guided Meditation	
10am – 11am	Wisteria	Lifestyle visits	
2.30 – 3.30PM	Hub	Food Focus Blind Tasting Experience	All welcome
Saturday 28 March			
10am - 11am	Wisteria	Knit and Natter	
10am	All Areas	Shopping Trolley	
2pm - 3pm	Hub	Singalong with Ollie & Dean	
Sunday 29 March			
10am-11am	Hub	Café Club / Birthday Celebrations	
2pm-3pm	Hub	Bingo	\$2.50

Lifestyle Activities

30-31 March

Monday 30 March			
10am - 11.15am	Hub	Tots at Dots	
2pm-3pm	Wisteria	Shuffleboard	
Tuesday 31 March			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
2pm – 3.30pm	Front foyer	Bus Scenic - Western Adelaide	Bookings essential Limited seats

**BUS TRIP EXPLORING THE WESTERN AREAS OF ADELAIDE – NO
DISEMBARKING - NO COST TO RESIDENTS**