

# Lifestyle Activities

## 1-7 June

Time	Location	Activity	Notes
<b>Monday 1 June</b>			
10am-11.15am	Hub	Tots at Dots	
11pm-12pm	Wisteria lounge	Library Book Club	Hobbies
2pm-3pm	Day respite dining	Decorate a Vase	
<b>Tuesday 2 June</b>			
10am-11am	St Clare	Art Group with Meredith	\$5.00
2pm-3pm	Day Respite Dining room	"I've been everywhere" -looking at places overseas	
<b>Wednesday 3 June</b>			
10.30am-11am	Hub	Uniting Church Service	
2pm-3pm	Riddle	Whiteboard Games	
<b>Thursday 4 June AFL ROUND 13</b>			
10am-11am	Café area	Walking Group with Garden Talk	
2pm-3pm	Wisteria	Men's group Shuffle Board	
<b>Friday 5 June</b>			
10am - 11am	Wisteria	Seated Tai Chi	
2pm – 3.30pm	St Clare	Quiz Time	
<b>Saturday 6 June</b>			
10am-11am	Riddle North	Knit and Natter	
10am-3pm	All Areas	Shopping Trolley	
2pm – 3.15pm	Hub	Singalong Time	
<b>Sunday 7 June</b>			
10am-11am	Hub	Café Club	
2pm – 3.15pm	Hub	Bingo	\$2.50

# Lifestyle Activities

## 8-14 June

Time	Location	Activity	Notes
<b>Monday 8 June- King's Birthday PUBLIC HOLIDAY</b>			
10.30am – 11.30am	Cheater	Word games	
2pm - 3pm	Hub	King's Birthday Celebrations	
<b>Tuesday 9 June</b>			
9.30am	Meeting Rm A12	Hearing Clinic	
9.45am-11.15am	St Clare	Art Group with Meredith	\$5.00
2pm – 3pm	Cheater	Let's talk' Family Favourites	Food, Movies,Sports...
<b>Wednesday 10 June</b>			
10.30am-11am	Hub	Anglican Church Service	
11.00am -12pm	St Clare	Lifestyle Visits	
2pm-3pm	Riddle Dine	Happy Hour / Special cocktail Afternoon	\$5 Spirits available
<b>Thursday 11 June AFL ROUND 14</b>			
10am - 11.10am	Garden/Cafe	Walking group with Garden Talk	
2pm-3pm	Hub	Bikie Busker	\$5.00
<b>Friday 12 June</b>			
10am - 11am	Wisteria	Seated Tai Chi	
1.30pm – 3.15pm	Hub	Movie 'The MonumentS Men'	
<b>Saturday 13 June</b>			
10am – 11am	Wisteria	Cooking Demonstration	
2pm – 3.15pm	Hub	Bingo	\$2.50
<b>Sunday 14 June</b>			
10am - 11am	Wisteria	Seated Exercises	
2pm – 3.15pm	Hub	Quiz	



### MOVIE OF THE MONTH



# Lifestyle Activities

## 15-21 June

Time	Location	Activity	Notes
<b>Monday 15 June</b>			
10am – 11am	Hub	Tots at Dots	
2pm -3pm	St Clare	Make a Tiny Terrarium	
<b>Tuesday 16 June</b>			
9.45am – 11.15am	St Clare	Art Group with Meredith	\$5.00
10am-11am	Day Respite Dine	Assorted Table Games	
2pm – 3.00pm	Wisteria	Shuffleboard	
<b>Wednesday 17 June</b>			
10.30am – 11am	Hub	Uniting Church Service	
1.30pm – 3.30pm	Front Foyer	Scenic bus Trip -Onkaparinga valley area	Bookings essential
<b>Thursday 18 June AFL ROUND 15</b>			
10am – 11am	Garden/Cafe	Walking group with Garden Talk	
2pm – 3.15pm	Day Respite Dine	Creative Science Afternoon	
<b>Friday 19 June</b>			
10am - 11am	Wisteria	Seated Tai Chi	
1.30pm – 3.30	Hub	Reday Steady Cook 2 The Great Sausage Roll Bake Off!	Tash VS Molly Who will you vote the winner
<b>Saturday 20 June</b>			
10am – 11am	Riddle North	Knit and Natter	
10am – 3pm	All Areas	Shopping Trolley	
2pm-3.00pm	Hub	Singalong Time	
<b>Sunday 21 June</b>			
10am - 11am	Hub	Café Club	
2pm – 3.15pm	Hub	Bingo	\$2.50



**Creative Science**



**TASH VS MOLLY**

**READY STEADY COOK2 19TH**



# Lifestyle Activities

## 22-29 June

Time	Location	Activity	Notes
<b>Monday 22 June</b>			
10am - 11.15am	Hub	Tots at Dots	
2pm- 3pm	Cheater	Word games	
<b>Tuesday 23 June</b>			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
10am-11am	Cheater	Lifestyle visits	
2pm-3.00pm	Hub	Resident Meeting	
<b>Wednesday 24 June</b>			
10.30am-11am	Hub	Church of Christ Church Service	
2pm – 3pm	Hub	Fitball Drumming	
<b>Thursday 25 June AFL ROUND 16</b>			
10am-11am	Garden/Café	Walking group with garden talk	
2pm-3pm	St Claire	Mindful Colouring/Paint Afternoon	
<b>Friday 26 June</b>			
10am - 11am	Wisteria	Seated Tai Chi	
2pm – 3.30pm	Hub	Food Focus -Menu suggestions and Food/Wine pairing experience	
<b>Saturday 27 June</b>			
10am – 11am	Cheater	Tea Tasting and Sweet Bites	
2pm – 3.15pm	Hub	Bingo	\$2.50
<b>Sunday 28 June</b>			
10am - 11am	Wisteria	Seated Exercises	
2pm – 3.15pm	Hub	High Tea	\$2.50



**RESIDENT MEETING TUESDAY 23<sup>RD</sup>**

# Lifestyle Activities

## 29-30 June

Monday 29 June			
10am-11.15am	Hub	Tots at Dots	
2pm-3pm	Wisteria lounge	Scrabble & Upwords	
Tuesday 30 June			
9.45am – 11.15am	St Clare	Art Group with Meredith	\$5.00
10am-11am	Riddle	Lifestyle visits	
2pm – 3.00pm	Hub	Sing Australia Concert	\$5.00